



INFORMATION FOR PATIENTS

November 21st 2013

Change to Fasting Requirements For Lipid Testing Only

Alpha Labs will not require patients to fast prior to having their blood drawn for Total Cholesterol and HDL Cholesterol.

There are some exceptions when patients will still need to fast, these include the following:

- Patients with known high triglyceride levels
- Patients who are about to initiate or change their statin therapy
- Patients at high risk of cardiovascular disease
- As indicated by your doctor

When you have your blood drawn you will be asked how many hours have passed since you last ate or drank (excluding water).

This information will be included with the results of your test so that your doctor will be aware and be able to interpret the results accordingly.

Sincerely
Alpha Laboratories Inc.